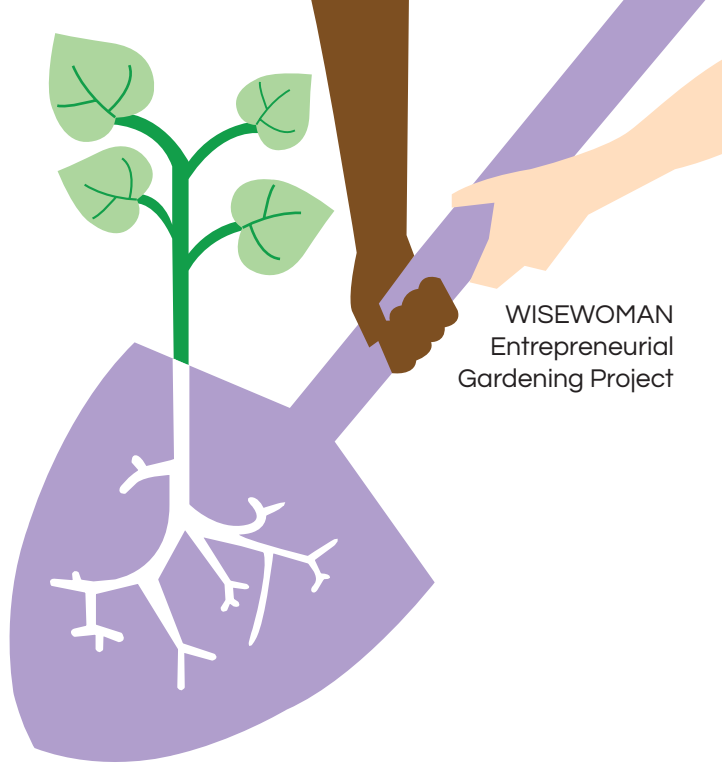


# GARDENING IS POWER



WISEWOMAN  
Entrepreneurial  
Gardening Project

A program that makes Michigan women:

## healthy



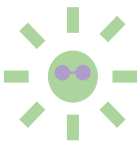
Taking nutrition classes is the first step for participants.



Tilling, weeding, watering and harvesting gets women active.



Working in their gardens has inspired many to quit smoking.



Enjoying fresh produce, clean air and sunshine benefits women.

## wealthy



Women learn how to grow a business and market products.



They earn income selling at local markets and restaurants.



Participants can rely on their own produce instead of grocery stores.



Value-added products such as honey and soaps increase sales.

## wise



Success in the garden increases participants' confidence.



Knowledge is shared when women mentor one another.



Relationships form among the women and the local food community.

Contact the Michigan WISEWOMAN program at 517-335-1178.

Who is a WISEWOMAN?

She's part of the CDC's

WISEWOMAN program.

She's UNINSURED and could use some EXTRA INCOME.

She's

40-64 years old.

She wants to

GROW!

You can empower these women by helping them build a business.

Your funding will help with the costs of:



EDUCATION



TRANSPORTATION



SUPPLIES

